



Partnership for a Health GEAUGA
Community Health Improvement Plan (CHIP) Planning Meeting
December 4, 2014
Geauga County Board of Mental Health & Recovery Services

Meeting Minutes

Attendees:

Brad Welch, Family First Council
Dan Mix, Geauga County Health District
Britney Ward, Hospital Council of NW Ohio
Elaine Maro, Lake-Geauga Recovery Centers
Kathy Malobenski, Ledgemont Schools
Dawn Damante, UH Geauga Medical Center
Joanne Randall, United Way Services of Geauga County
Andrea Gutka, WomenSafe
Irene McMullen, Munson Township
Catherine Whitright, Geauga County Resident
Elbert Whitright, Geauga County Resident
George Pogan, Middlefield Care Center
Vicki Clark, Ravenwood
Erwin Leffel, Thompson Township, Health District Advisory Council
Jim Clements, Catholic Charities
Mary Wynne-Peaspanen, Family Planning Association of NE Ohio
Jim Adams, Geauga County Board of Mental Health & Recovery Services
Melanie Blasko, Lake-Geauga Recovery Services

Handouts:

- Minutes from 11/20/2014 meeting
- Summary of the Gaps & Strategies
- Draft Action Steps (for review today)

Britney Ward, Hospital Council of NW Ohio, chair, started the meeting at 10:10 AM

1. Britney Ward reviewed the agenda for the meetings
 - a. We will review the proposed action steps for each strategy
 - b. We will decide which strategies to pursue
 - c. We will assign/volunteer to take the lead on strategies
 - d. We will review the best practices for each action step

- e. A summary of the CHIP and the strategies will be published for January 22 meeting, at which time we will begin the baseline data collection and evaluation process
2. The proposed action steps were reviewed by strategy:
- a. Access and awareness of mental health issues
 - i. Increase the number of health care providers screening and making referrals for depression during office visits
 - 1. Discussed the PHQ 2 and PHQ 9 screening tools
 - 2. Vicki Clark, Ravenwood, has taken the leadership role for this action step
 - ii. Increase early identification of mental health needs among youth
 - 1. West Geauga has a program; some existing youth-based suicide prevention programs from the Suicide Prevention Education Alliance (lifeact.org)
 - 2. We lack a teacher-based or administrator-based programs that prepares educators to see the signs of suicide, such as Signs of Suicide (SOS)©
 - 3. Kathy Malobenski, Ledgemont Schools, and Deanne Brandt, Ravenwood, will take leadership of this action step
 - 4. Discussed involving the NAMI / Mental Health Association director when the vacancy is filled
 - iii. Increase community awareness and education of mental health issues
 - 1. Discussed how to merge this effort with the same action step for increasing awareness of alcohol and substance abuse and linking it to United Way's 211
 - 2. Jim Adams, Board of Mental Health, and Joanne Randall, United Way, will take leadership of this action step
 - iv. Increase the number of mental health care professionals in Geauga County
 - 1. Discussed the need for professionals, but the lack of appropriations in agency budgets to pay for staff
 - 2. Discussed the difficulty filling empty staff positions because of lower salary, travel costs, and unaffordable housing in Geauga County
 - 3. Discussed having career days at local high schools, use of college internships to fill gaps

4. Group decided to form a task force to develop a recruitment strategy. Jim Clements, Catholic Charities, took leadership of this action step
- v. Increase awareness of available mental health services
 1. Discussion on how United Way 211 updates itself regularly
 2. Discussed all agency's agreeing to link 211 from website with a references for mental health and alcohol/substance abuse issues
 3. Jim Adams, Board of Mental Health, and Joanne Randall, United Way, took leadership of this action step
- b. Awareness and treatment options for substance abuse
 - i. Increase awareness of available substance abuse programs and services
 1. Discussion on merging this action step with the same step for mental health
 2. Jim Adams, Board of Mental Health, and Joanne Randall, United Way, will take leadership of this action step
 - ii. Increase awareness of risky behaviors for parents, guardians and community members
 - iii. Discussed current efforts in the community
 - iv. Discussed the idea of creating a newsletter from current and emerging trends and distributing it through print and TV media, social media, and links on school websites
 - v. Elaine Maro, Lake-Geauga Recovery Centers, and Andrea Gutka, WomenSafe Inc., took leadership of this action step
 - vi. Implement evidenced-based prevention programs in elementary, middle and high schools
 1. Discussion of existing programs in schools
 2. Vicki Clark, Ravenwood, and Jim Adams, Board of Mental Health, took leadership of this action step
 - vii. Increase the number of health care providers screening for alcohol and drug abuse
 1. Discussion of SBIRT being a good screening tool.
 2. Discussion of how to link he baseline survey with the survey of mental health screening
 3. Vicki Clark, Ravenwood, and Melanie Blasko, Lake-Geauga Recovery Centers, took leadership of this action step
 - viii. Decrease exposure to secondhand smoke
 1. Dan Mix, Geauga County Health District took leadership of this action step

- ix. Implement a community-based comprehensive program to reduce alcohol abuse
 - 1. Discussion of some attempts to organize compliance monitoring, breathalyzer high school events and cross-school jurisdictional consistency of enforcement policies
 - 2. Discussion of Chardon Community Action Team
 - 3. Elaine Maro, Ravenwood, took leadership of this action step
- c. Access to health care
 - i. Increase public transportation
 - 1. Discussion of the “fully coordinated transportation system” framework
 - 2. Discussion of getting Geauga Transit director on this committee
 - 3. Catherine Whitright, resident, and Dan Mix, Geauga County Health District, took leadership of this action step
 - ii. Increase community education on health insurance opportunities and utilization
 - 1. Discussion of certified application counselor, who seems to be the Carmella Rose Health Foundation
<http://carmellarose.org/>
 - 2. Erwin Leffel, Thompson Twp., took leadership of this action step
 - iii. Increase patient success at home
 - 1. Discussion on how Middlefield Care Center is providing home visits for newly-delivered mothers and expanding that health service to include other health needs
 - 2. Bob Weisdack, GCHD, and George Pogan, Middlefield Care Center, took leadership of this action step
- 3. The next scheduled meeting is January 22, 2014 at 10:00 AM at the Geauga County Board of Mental Health & Recovery Services